



#### Postoperative instructions for filler agent injections

1. You may wear makeup immediately after injection.
2. Do not exercise on the same day as your injections.
3. On the evening following your injection, wash your face gently. Do not scrub your face, and dab dry gently.
4. On the day following your injections, return to full normal activity.
5. You may experience bruising and swelling for 3-5 days. You can use ice packs and Arnica cream (available at the Nutrition Shoppe).
6. If you received lip injections, your lips may be a bit luscious for 3-5 days.
7. Please call 281-557-3223 for any questions or concerns.
8. Thank you again for choosing Athré Surgical Associates.